



NEWSLETTER

HOSPITALITY DISABILITY NETWORK

WE WERE INVITED ON A PODCAST



Healthy Mind Menu is dedicated to enhancing the well-being of WA's hospitality workers. HDNWA were recently invited to feature on their podcast, **"Back of House, Front of Mind."**

In this engaging conversation, we explored the importance of vulnerability in the workplace and shared valuable hints and tips on creating a mentally safe environment for everyone.

Healthy Mind Menu also deliver workshops which are developed in collaboration with a psychologist and grounded in the latest research. They offer valuable tools and strategies to promote mental health and normalise discussions around it.



We highly recommend that everyone working in the Hospitality and Tourism industry schedule a workshop with Healthy Mind Menu and tune into the podcast.



MEMBER SPOTLIGHT

We are thrilled to announce that Joondalup Resort, a premier destination nestled in natural bushland just north of Perth, has joined the HDNWA family! With its serene setting, 25 minutes from the CBD and minutes from WA's Sunset Coast, Joondalup Resort offers an oasis of relaxation and top-notch facilities. This partnership marks a significant step towards enhancing accessibility and promoting inclusivity within the hospitality sector.

Joondalup Resort's commitment to providing comfortable and state-of-the-art amenities aligns perfectly with our mission at HDNWA. Join us in celebrating this exciting collaboration as we work together to ensure every guest enjoys a welcoming and inclusive experience.

Welcome aboard, Joondalup Resort!



R U OK? DAY

R U OK?™

A conversation could change a life.

Thursday 12th September



Find out how at ruok.org.au

R U OK?
A conversation could change a life.



HDNWA are excited to team up with **Healthy Mind Menu** for a series of visits to various hospitality and tourism venues. Our mission? To highlight the crucial importance of maintaining a mentally healthy work-life balance. In our fast-paced industry, it's essential to prioritise mental well-being alongside physical health.

HDNWA proudly received a generous donation of beautifully bottled water from **Jila Water Solutions**. Be sure to explore their 100% Indigenous-owned, high-quality Jila pure water and coffee products.



1. Ask



2. Listen



3. Encourage action



4. Check in



JILA

PURELY INDIGENOUS



Please spare us 5 minutes to complete a short survey to understand better your disability confidence and any requirement needs.

The baseline data collected will help HDN identify way in which we can support you further.



[CLICK HERE](#)



IHG - YOU'VE DONE IT AGAIN

HDN WA is thrilled to celebrate a significant milestone with IHG Hotels & Resorts, who have recently placed their **5th** HDN WA candidate!

IHG[®]

HOTELS & RESORTS

We are excited to see our candidates thriving at both **Crowne Plaza Perth** and **InterContinental Perth**.

A heartfelt thank you goes out to everyone involved in this achievement, especially **Lucy** and **Gabi**, whose support and dedication have been invaluable. Your commitment has made a real difference in creating meaningful employment opportunities.

We look forward to continuing our collaboration and achieving even greater success together in the future!

TOURISM WA

The team at HDNWA want to extend a huge thank you to **Tourism WA** for inviting us to the Perth International Football Cup at HBF Park.



We deeply appreciate Tourism WA's continued support of HDNWA and its dedication to showcasing Western Australia's top tourism events with a strong focus on sustainability and inclusivity.

Events like these are vital in creating sustainable employment opportunities for all.

HDN UPDATE



HDNWA have placed **272** candidates into sustainable employment since 2019

44 Members representing over **150** businesses

SAVE THE DATE

10th September

World Suicide Prevention Day



12th September

R U OK? Day



23rd September

National week of Deaf People



27th September

World Tourism Day



If you're interested in partnering with HDNWA to celebrate any of these days or other significant occasions, please reach out to us. We'd love to collaborate and make a positive impact together.

WATCH THIS SPACE

Stay tuned for the HDNWA 23-24 Annual Report, coming soon! This year's report will be packed with inspiring success stories and valuable insights, showcasing the positive impact we've made and the exciting developments within our organisation. Don't miss out on the chance to read about the incredible achievements and the progress we've made together over the past year.



STAY CONNECTED

The HDNWA team are preparing some great candidates for festive season, and we eagerly look forward to their roles coming through.



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HDNWA would like to acknowledge the Traditional Custodians of the land on which we live, work and play. We acknowledge and pay respects to the continuing culture and contributions that our First Nations People make to this region.

