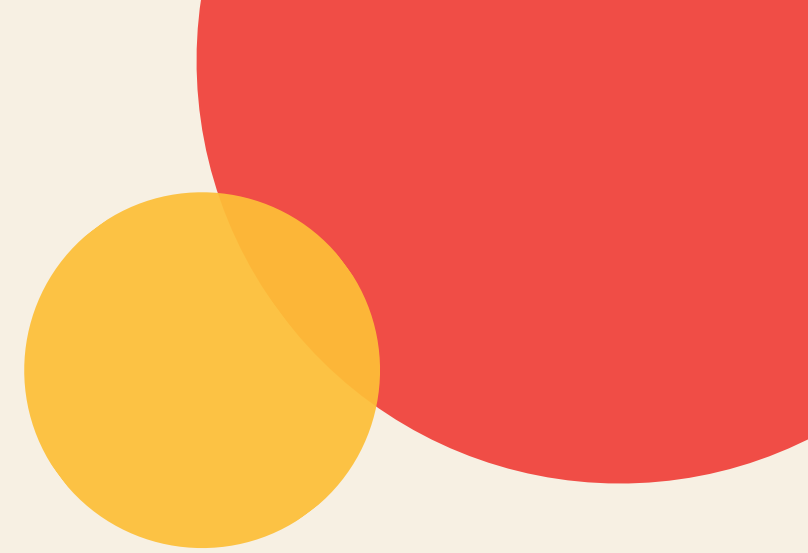




Career Profile

Cook



Overview

Cooks prepares and cooks meals in restaurants, hotels, and other hospitality venues, ensuring food quality and presentation meet industry standards.

Requirments

The role requires knowledge of food safety, kitchen equipment, time management, and the ability to work under pressure.

Training

A Certificate III in Commercial Cookery or an apprenticeship is commonly required, along with food handling certifications.

Opporunities

Cooks can progress to head chef, executive chef, or restaurant manager positions, or even open their own business.

