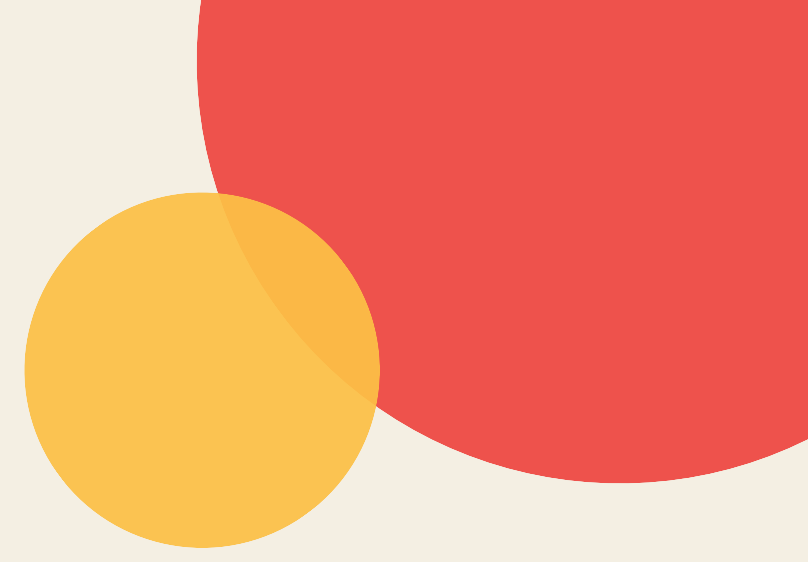




Career Profile

Cook



Overview

Cooks prepares and cooks meals in restaurants, hotels, and other hospitality venues, ensuring food quality and presentation meet industry standards.

Requirments

- ☐ Knowledge of food safety
- ☐ Knowledge of kitchen equipment
- ☐ Time management
- ☐ Ability to work under pressure

Training

A Certificate III in Commercial Cookery or an apprenticeship is commonly required, along with food handling certifications.

Opportunities

Cooks can progress to head chef, executive chef, or restaurant manager positions, or even open their own business.

